

Step In and Choose Your Impact



Take these ideas on how to step in and commit to taking action!

1) Write 3 groups you have influence with:

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2) For each of the groups you wrote down, circle one action below that would make a difference. Commit to doing it.

3) Put a star next to the action you'll take before going to bed tonight.

Learn	Use Your Voice	Share Skills/Resources	Volunteer	Create Your Own
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5 MINUTE IMPACT

- Learn:** Look up a few of the resources on the card to see what they offer
- Use Your Voice:** Post a video/article/story/event on social media
- Learn:** Follow/like a few social media pages that are taking positive action
- Share skills/resources:** Fundraise for an organization in lieu of birthday gifts
- Learn:** When orgs are tabling, talk to them and learn more about them
- Create your own:** _____



15 MINUTE IMPACT

- Learn:** Read an article about this topic and how to be supportive
- Use Your Voice:** Share about what you're learning, and next steps you want to take to contribute
- Use Your Voice:** Address the topic as a meeting agenda item and brainstorm how your group can contribute
- Create your own:** _____



30 MINUTE IMPACT

- Learn:** Educate yourself on red flags to watch for
- Volunteer:** Research other groups that you could collaborate with and support work they are doing
- Use Your Voice:** Register to vote; learn more about an issue and sign a petition or call your congressperson
- Share skills/resources:** Plan a fundraiser for an organization taking positive action



60 MINUTE IMPACT

- Learn:** Request for an office on the resource card to give a program at a meeting
- Share skills/resources:** Write an editorial, article, blog post, etc.
- Volunteer:** Sign up to help staff an event that is being hosted on this issue
- Share skills/resources:** Discuss as a group how you are all connected to the issue and how you can contribute



3 - HOUR IMPACT

- Learn:** Invite others to watch a documentary and discuss
- Volunteer:** Join a diversity/climate committee in your college or community
- Learn:** Choose to write a paper or do a project related to the topic for a class
- Share skills/resources:** Artistic? Create a video, piece of art, interactive media, or craft for a cause about the issue.
- Use Your Voice:** Show support by going to an event or rally and bring a friend