EMS COLLEGE DIGEST – July 5, 2022 Issue

• 125th-ANNIVERSARY UPDATES
  (on behalf of the 125th Anniversary Steering Committee (Barbara Arnold, Stacy Davidson, Ashlee Kochik, Heather Moore, and Alan Schaffranek)
  o Reminder: Each department, institute, and center should designate a representative who will be in communication with the steering committee, attend at least one meeting between now and September 2022, and provide details on the individual programming for their respective unit to Alan Schaffranek (avs5434@psu.edu) by July 8, 2022. Once all the individual programming has been confirmed, an invitation with a complete registration link will be distributed community-wide. Individual department/institute programming will be held between 9:00 a.m. and 2:00 p.m. on Friday, October 14, and between 9:00 a.m. and 7:00 p.m. on Saturday, October 15.
  o Town-Hall Webinar: The 125th-anniversary steering committee will be holding a webinar-style town hall at 12:00 p.m. on Wednesday, July 13, 2022. During this session, the committee will run through the plans for the Fellow Recognition and Award Ceremony on Friday, October 14, provide a timeline for external communication to the fellows, and answer any questions from the audience. We hope to have initial details from the department/institute/center representative on the programming for their respective unit, as those details are being gathered until July 8. The webinar will be recorded and distributed following the session. Please submit any questions in advance to Alan Schaffranek at avs5434@psu.edu.
  o Zoom details for the webinar: 12:00 p.m., July 13 at https://psu.zoom.us/j/94881712544?pwd=bmNKU2E5Z2RWa29Ga2pMdnJaV3h4QT09 Passcode: 472940

• STAFF ADVISORY COUNCIL
  The College of EMS will be participating in a blood drive to be held from 10:30 a.m. to 3:30 p.m. on Thursday, July 7, in the HUB Flex Theater. Our goal for the blood drive is to collect 25 units which should target around 30 donors to donate. You may make an appointment at http://www.redcrossblood.org/ to donate or walk-ins are welcome too. See following pages for more information.

FOR MORE INFORMATION
• Please contact Nicola Kiver at nmk17@psu.edu or Olivia Butts at orr3@psu.edu.
Maximize your blood donation. Help more patients.

Power Red

Red blood cells are the most commonly transfused blood component, and therefore the most needed. Since they carry oxygen throughout the body, they are essential to hospital patients. Give a Power Red donation and you can help more patients.

Power Red Donation

During a Power Red donation, you give a concentrated dose of red cells, the part of your blood used every day for those needing transfusions as part of their care. This type of donation uses an automated process that separates your red blood cells from the other blood components, then safely and comfortably returns your plasma and platelets to you. These red cells help trauma and surgery patients, those undergoing organ transplants, women experiencing complications from childbirth, and people with anemia.

Help more patients with one scheduled appointment. During a Power Red donation, a donor gives more red blood cells than they do during a regular whole blood donation.

Maximize your impact. With just a little extra time at your appointment, you increase your impact on patients in need.

A comfortable experience. Many donors say they prefer the experience of a Power Red donation: it requires a smaller needle and fluids are returned to the donor during the donation process.

Important Donor Information:

- We encourage donors with the following types to give a Power Red donation: O negative, O positive, A or B negative.
- Donors who are A or B positive are encouraged to give a whole blood donation, as plasma is needed from these blood types.
- Power Red donors can give every 112 days, which is different than a regular blood donation every 56 days.
- We recommend that females wait until age 19 or older to donate Power Red.
- In addition to meeting standard blood donor qualifications, the following requirements apply for those interested in Power Red donation:

<table>
<thead>
<tr>
<th>Power Red Requirements</th>
<th>Female</th>
<th>Male</th>
</tr>
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<tbody>
<tr>
<td>Minimum height</td>
<td>5’5”</td>
<td>5’1”</td>
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<tr>
<td>Minimum weight</td>
<td>150 lbs.</td>
<td>130 lbs.</td>
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Call 1-800-RED CROSS (1-800-733-2767) or visit redcrossblood.org/givemore to schedule an appointment or for more information.
HOW TO SCHEDULE DONORS

Go to www.redcrossblood.org and click on “sign in” at the top right of the page above Biomedical Services.

Scroll down the page until you see “Blood Program Leader Login.”
In the username box type in “red_crossp” and “psublood” for the password, make sure the Blood Program Leader radio button is selected, then click sign in.

Your page should now look like this.
Next at the top of the page click “Manage Drives.”

To the right, the will be a drop down bow, click the location of your drive.
Your page will look like this.

Scroll down and click “View All Upcoming Drives.”
Now scroll down until you find the date and location of your drive and select the one you are sponsoring.

After selecting your blood drive, your page should look like this.
Scroll down the page and you will see all the appointments. If there are appointments available, the box will say “open.” Click on the open appointment time that you wish to schedule a donor.

Next a box will show up where you can put in the donors first name, last name, and phone number.

If you cannot find the individual in the system or it is their first time donating, you can click on “Create a new donor.” You will be able to input their first name, last name, and email. Then click “Add to Schedule.”
This is the last step, after adding the donor, you will be prompted back to the scheduling page where you will be able to see their name and time of appointment slot for the upcoming drive.